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# CIES Nole News

The Weekly Publication for the FSU Center for Intensive English Studies



## Swimming at Silver Lake

*Friday's trip will help beat the heat*

There is a large forest

west of Tallahassee. It is called the Apalachicola National Forest, and it is a national park. Since this forest is large, most of it cannot be visited by people. However, there is a lake in the forest that is only a few miles from Tallahassee. This lake is called Silver Lake, and we will be visiting there this Friday!

The trees surrounding the lake are very scenic. Many large pines and cypress trees are found there. The water from the lake actually comes from underground **springs**. This ensures that the water is very clear and clean.

We will be going to Silver Lake this Friday, May 27. We will be leaving right after class on Friday and transportation will be provided. Please be sure you bring a swimsuit as well as a towel.

### Memorial Day Holiday

Monday May 30 is Memorial Day in the United States. As a result of this holiday, both CIES and FSU will be closed and there will be no class. Memorial Day is an important holiday in America, and here are a few things to know about this day:

1. Memorial Day is a day for us to remember those who have died serving

America in the armed forces (military). This includes those who have been in the **Army, Navy**, and other branches of the Armed Forces. The United States has been in many wars over the last three centuries, and this holiday is a way to remember all of these soldiers.

2. The post office, banks, schools, and government offices are closed on Monday. However, almost every shop and restaurant will still be open. Memorial Day weekend (Saturday, Sunday, and Monday) is usually a great time of year to find good sales and deals at stores.

3. Memorial Day is also a symbolic holiday. Even though summer doesn't officially start until June 20, Memorial Day symbolizes the start of 'summer' in



the United States. Most Americans take major vacations

and trips during the summer months of June, July, and August. (The symbolic 'end of summer' is Labor Day, which is in early September.)

### CIES Reminders

\* If you are planning to leave the country in June, please refer to last week's Nole News and see Lacey in the office if you have any questions about your I-20.

\*\* If you plan on transferring to another university or program, please let Peggy in the office know. She can help you with any questions.

\*\*\* For those of you who are sponsored and plan on coming back Summer II, please make sure your sponsorship letters are up-to-date! Remember that you cannot attend classes for Summer II without an updated letter. Please see Michelle if you have any questions.

\*\*\*\* A message from Dr. Kennell: As exams are coming up soon, it can be hard to manage all of your time correctly. We call this **time management**. Just remember not to focus on all of the many things that are ahead. Rather, it is easier to think about the past and all of the things that you've already done. This attitude can make life easier for you!

### Shout-outs, brags, etc.

If you have any news (new family members, college admissions, honors, achievements, etc.) please let the Nole News know! We want to honor all of our fantastic CIES students. Email: [acwilson@fsu.edu](mailto:acwilson@fsu.edu)

### This week's birthdays

**Ryan Flemming (May 25)**

## Culture Questions

*Question: Why do people dress so casually at FSU?*

A: The simple answer to the question: because it's Florida. Florida is officially the hottest state in the United States; the average temperature in Florida is over 70° Fahrenheit (21° Celsius). Hawaii, which many people think is the hottest state, is actually in 2<sup>nd</sup> place. Because of this warm weather, Floridians grow up wearing shorts and less clothing. Although north Florida can occasionally get cold, many FSU students are from parts of Florida that rarely get cold weather. As a result, they are used to wearing shorts, tank-tops, and loose-fitting clothes. Many younger FSU students tend to dress very informally, so you will often see shorts that are very short, even by American standards. You will also see many people wearing tank-tops and other sleeveless **garments**. Even some guys will often cut out the sleeves of their shirts in order to try to stay cooler. If you were to visit universities in other parts of the United States, you would likely find students who don't dress quite as casually.

*Question: What's the difference between a vegetarian and a vegan diet?*

A: Many people in the United States do not eat meat. A **vegetarian** is a person who specifically does not eat meat; a vegan is a person who does not eat any animal products. For example, neither a vegetarian nor a vegan would eat a hamburger. However, a vegan will not eat cakes or cookies that have been made using eggs or milk. (Eggs and milk are both animal products.) Since most restaurants in America serve meat, being a vegetarian in some parts of the United States is difficult. In larger towns and cities (such as Tallahassee), it is not difficult to find restaurants that cater to vegetarians. Finding vegan food, however, can be a little more challenging.

## Language Question

*Question: What's the difference between 'spoke to me' and 'said to me'?*

Answer: These phrases may seem similar, but they are used quite differently.

Spoke is the past tense of speak. You generally use the verb speak to describe a person's ability using language (as in speaking to a group of people) or in the person's ability to speak a language. Speaking can also be a synonym for talking, but it is much more formal. (Remember, speaking is a skill!)

If you are talking about a conversation that you've had with someone, you will use either the verb say (past tense said) or tell (past tense told).

My brother spoke to me that he was going to get married. (**INCORRECT**)

The above sentence is incorrect. However, we can use both 'say' and 'tell' correctly. However, be careful, when you are using the verb say, you must have a 'to' before the person's name. When you are using the verb tell, you do not use a 'to' before the person's name.

My brother said to me he was tired. (**CORRECT**)

My brother said me he was tired. (**INCORRECT**)

My brother told me he was tired. (**CORRECT**)

## Quote of the Week

**Where there is love there is life.**

**- Mahatma Gandhi**



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This week's vocabulary:

**springs (noun)** – an underground water source that feeds a lake or water at the surface

**Army (noun)** – a group of military who march or operate on the ground

**Navy (noun)** – a group of military who operate on the seas or oceans

**time management (noun)** – the ability to organize your time efficiently and productively

**casually (adverb)** – in a not formal (informal) way; in an everyday manner

**garments (noun)** – clothing

**vegetarian (noun)** – a person who doesn't eat meat