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CIES Nole News

The Weekly Publication for the FSU Center for Intensive English Studies



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A Week Off

Tips for a safe and happy spring break

This year CIES students get to enjoy an entire week spring break. Spring break is something that is found in almost every university and high school in America. It is a time where students can enjoy one last break before the last couple of months of school. In many colder states, spring break is celebrated a little later (April), and it gives people an opportunity to celebrate warm weather after a long winter. As a result, hundreds of thousands of people from all over America visit Florida during March and April. There are many fun things to do during spring break, and here are a few tips.

If you're leaving Tallahassee...

If you are leaving Tallahassee, please be safe! There are a lot of wonderful places to visit that are not too far away. **St. Augustine** is 3 hours, whereas **Orlando** and **Savannah** can be reached in around 4 (or 4 ½) hours. If you go a little bit further, you can visit **New Orleans** in about 6 hours. There are also wonderful beaches in Florida: **Daytona Beach**, **Panama City Beach**, and **Miami Beach** are a few of the most popular. However, if you go to the beach for spring break, be very careful of your surroundings and mindful if you're in a situation with a lot of people who have been drinking too much alcohol. Every year there are many people that get injured (or even

killed) during spring break. Safety is the most important thing.

If you're staying in Tallahassee...

Many of us will be staying in Tallahassee during spring break. Even though the FSU campus will be closed, there are many wonderful opportunities here in the city. Here are a few suggestions:

1 – You can rent a bike in town and bike down the St. Mark's Trail. This is a fairly easy trail that goes straight to St. Marks and the Gulf of Mexico.

2- Spend some time in downtown Tallahassee. The Museum of Florida History is downtown, and you can also visit the Florida State Capitol. The **legislature** is still in session until the middle of March, so you can go and visit the **chambers** and watch democracy in action.

3- The Tallahassee Museum is wonderful for both children and adults. There are animals (including leopards) as well as a zipline, walking trails, and places to eat. You can spend an entire day here!

4- Near West Tennessee and Ocala Streets you will find Mission St. Luis de Apalachee. It is a wonderful re-creation

of Spanish fort that was built around 400 years ago. (It's also a beautiful park.)

Honor Roll

Here at CIES we have many students who work very hard. However, there are some students who put forth even extra effort! This week we will honor those students who made all A's in their classes last session. In the next issue we will honor those who made both A's and B's.

A Honor Roll Students:

Saif Al Khateri
Ahmed Alshammari
Ricardo Martinez
Juliana Santos
Nattaya Srip hop

Notes on Camping Trip

Our big CIES camping trip is coming up next week. If you are signed up, plan to be here at CIES by **8am on Monday!** Also, there is an important sheet on the front desk to give you more information about the trip. Although the camping trip is full, there is a waiting list for those who might still be interested.

Happy Birthday!

A very happy birthday to the following students:



Alejandro Torres (March 2)
Abdullaziz Almotere (March 6)

Culture Question

Question: Why do the CIES teachers always ask that we keep the windows in the classroom closed?

Answer: This is a good question. In most parts of the world, opening the window is just something you always do. Before air-conditioning, opening the window is something everyone did. However, there are several important reasons why we ask you to keep the window closed. Firstly, the air is often very **humid** outside. In the morning it is sometimes foggy, and in the afternoon it can be very humid due to rain and

storms. If a window is open, moisture can get into the building and cause bacteria and **mold** to grow in the classrooms. Since Hecht House is an older building, it is essential to keep the humidity down in the building.

Another important reason to keep the window closed is because of the **pollen**. Spring will be starting soon, and many of the flowers and plants will be producing flowers. The pollen is in the air, and opening the classroom windows will cause pollen to get on the carpet and furniture in the classroom. This can be very bad for people with allergies.

As mentioned in last week's newsletter, be prepared to dress in layers so you can be ready if the building is too hot or too cold. Also, if you're craving fresh air, simply go outside! ☺

Language Question

Question: Are 'lose' and 'loose' similar words?

Answer: These words look like they're related, but they are completely different. LOSE is a verb meaning to be without or to misplace something. Lose is a verb, and the past tense of the verb is lost.

For example:

My mother and father always lose their keys.
Don't put your wallet there or you might lose it.

LOOSE is an adjective which is the opposite of tight. (It is pronounced with a long o sound and rhymes with goose or juice.) If you buy clothing that is too big for you, you can describe it as *loose*. Also, *loose* can be used to describe a string or knot that is no longer tied.

Read the following sentences and determine which form should be used:

1. If we're not careful, we might lose/lose the game to the other team.
2. If the seatbelt on the airplane is lose/loose, it will not protect you.
3. Be careful! Your belt is lose/loose, and your pants may accidentally fall down.

Quote of the Week

**A real friend is one who walks in
when the rest of the world walks out.**
- Walter Winchell



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This week's vocabulary:

- legislature (noun) – a group of people who make laws for a nation or state
chamber (noun) – a large room with a formal purpose, often used to describe where government bodies meet
humid (adjective) – describing air that is moist and damp (containing water)
mold (noun/verb) – a fungus that grows on surfaces (or food) when the air is mild and humid
pollen (noun) – particles from a plant or flower (usually yellow) that a plant produces during spring
loose (adjective) – the opposite of tight; not firm; not bound together